

# Programme 1/3

**0915 - 0930** Login and Welcome

Dr Joel David, Dr Henry Jefferson

#### Session 1

**0930 – 0945** Physical activity in MSK disease

Dr Natasha Jones

**0945 – 1000** Referral pathways for fibromyalgia

Dr Chris Speers

**1000 – 1015** Teenagers who over-exercise

Dr Julia Newton

**1015 – 1030** Pain, teenagers and thoughts on neuro-diversity

Dr Pam Dawson

**1030 – 1045** Panel discussion

**1045 – 1100** Break

#### Session 2

**1100 – 1115** Overuse injuries and bone stress

Dr Ralph Smith



# Programme 2/3

1115 - 1130

Anti-inflammatory treatments for osteoarthritis

	Professor Tonia Vincent	
1130 – 1145	DMARDs – are they safe?  Dr Shirish Dubey	
1145 – 1200	When to investigate back pain  Dr Alex Brand	
1200 – 1215	Panel discussion	
1215 – 1300	Lunch	
Session 3		
	Session 3	
1300 - 1315	Session 3  Osteoporosis – new approaches for primary care  Professor Kassim Javaid	
1300 - 1315 1315 – 1330	Osteoporosis – new approaches for primary care	



## Programme 3/3

1345 – 1400	The early arthritis service and recognizing red flags
	Professor Laura Coates

1415 – 1430	Break
-------------	-------

**1430 – 1445** Biologics, a simple guide

Dr Azeem Ahmed

1445 – 1500 Who and when to refer to the connective tissue disorder clinic

Dr Joel David

**1500 – 1515** Panel discussion

**1515** Close



## **SPEAKERS / ORGANISERS (1/2)**

#### **Dr Joel David**

Consultant Rheumatologist, Oxford University Hospitals NHS Foundation Trust (OUH)

#### **Dr Natasha Jones**

Consultant in Sport and Exercise Medicine, OUH

### **Dr Chris Speers**

Consultant in Sport and Exercise Medicine, OUH

#### **Dr Julia Newton**

Consultant in Rheumatology and Sport and Exercise Medicine, OUH

#### **Dr Pam Dawson**

Consultant Paediatric Rheumatologist and Medical Lead for Chronic Pain, OUH

### **Dr Ralph Smith**

Consultant in Sport and Exercise Medicine, OUH

#### **Professor Tonia Vincent**

Consultant Rheumatologist, OUH
Professor of Musculoskeletal Biology, The Kennedy Institute, University of Oxford

#### **Dr Alex Brand**

Consultant Rheumatologist, OUH

### **Professor Laura Coates**

Honorary consultant Rheumatologist, OUH Associate professor of rheumatology, University of Oxford



## **SPEAKERS / ORGANISERS (2/2)**

### **Professor Kassim Javaid**

Consultant in Metabolic Medicine, OUH Norman Collisson Senior Research Fellow, Lecturer in Metabolic Bone Disease, University of Oxford

#### Ms Sarah Manderson

Advanced Nurse Practitioner in Rheumatology, OUH

#### **Mr Nico Antonucci**

Advanced Nurse Practitioner in Rheumatology, OUH

#### **Professor Raashid Luqmani**

Consultant Rheumatologist, OUH
Professor of Rheumatology, University of Oxford

#### **Dr Shirish Dubey**

Consultant Rheumatologist, OUH

#### **Dr Azeem Ahmed**

Consultant Rheumatologist, OUH